

# Peace Lutheran Church



# West Seattle, Washington

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.



We celebrate Christ's presence in the Sacrament of the Table each week at Peace. Christ, our Host, meets us in this meal of grace and offers himself, fully embodied, in the bread and wine. He invites all to come and meet him in this Holy Meal.

Today's liturgy has been abbreviated to accommodate Peace households with children attending the Annual Meeting, which follows after worship.

## + GATHERING +

P-Presider

C – Congregation A – Assisting Minister ELW – Evangelical Lutheran Worship Hymnal L - Lector

#### **PRELUDE**

#### There Is a Balm in Gilead

arr. Robin Thomas

#### WELCOME

fire . .

of

love

in

our



our

bone.

flesh and

#### PASTORAL GREETING AND PRAYER OF THE DAY

- P The grace, love and peace of the Triune + God be with you.
- C And also with you.
- P Let us pray. Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.
- C Amen.

# + WORD +

#### FIRST READING: Isaiah 40:21-31

Vicki Martinez

The Judeans in exile have a good reason to be hopeful: the One who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

<sup>22</sup>It is he who sits above the circle of the earth,

and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,

and spreads them like a tent to live in;

<sup>23</sup>who brings princes to naught,

and makes the rulers of the earth as nothing.

<sup>24</sup>Scarcely are they planted, scarcely sown,

scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,

and the tempest carries them off like stubble.

<sup>25</sup>To whom then will you compare me,

or who is my equal? says the Holy One.

<sup>26</sup>Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them, calling them all by name;

because he is great in strength, mighty in power, not one is missing.

<sup>27</sup>Why do you say, O Jacob, and speak, O Israel,

"My way is hidden from the LORD, and my right is disregarded by my God"?

<sup>28</sup>Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary;

his understanding is unsearchable.

<sup>29</sup>He gives power to the faint,

and strengthens the powerless.

<sup>30</sup>Even youths will faint and be weary,

and the young will fall exhausted;

<sup>31</sup>but those who wait for the LORD shall renew their strength,

they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

- L The word of the Lord.
- C Thanks be to God.

**GOSPEL ACCLAMATION** Please rise in body or spirit to receive the gospel.

ELW #171



- P The Holy Gospel according to Mark, the 1st chapter.
- C Glory to you O Lord.

#### **GOSPEL:** Mark 1:29-39

Rev. Erik Kindem

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals them, and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup>Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup>He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup>That evening, at sundown, they brought to him all who were sick or possessed with demons. <sup>33</sup>And the whole city was gathered around the door. <sup>34</sup>And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

<sup>35</sup>In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup>And Simon and his companions hunted for him. <sup>37</sup>When they found him, they said to him, "Everyone is searching for you." <sup>38</sup>He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." <sup>39</sup>And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

- P The Gospel of the Lord.
- C Praise to you, O Christ.

#### **CHILDREN'S TIME**

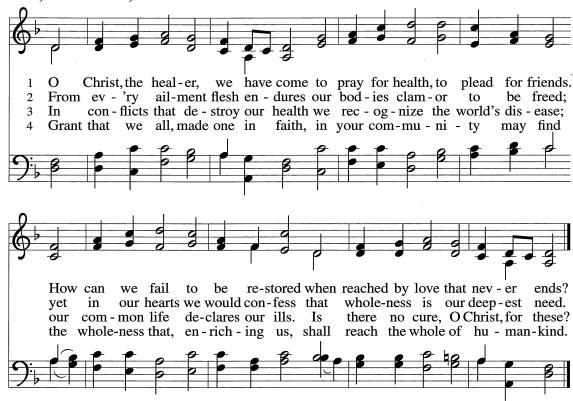
Julie Ward

**SERMON** Rev. Erik Kindem

#### **HYMN OF THE DAY**

### O Christ, the Healer, We Have Come

**ELW #610** 



THE PRAYERS Chris Kindem

A swe celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all creation.

Petitions are offered, ending with the response:

A God of grace,

### C receive our prayer

When all petitions have been offered:

- P Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ.
- C Amen.

# + MEAL +

#### THE PEACE

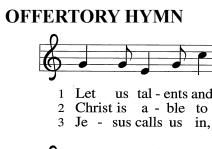
- P The peace of the Lord be with you always.
- C And also with you.

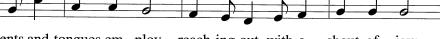
#### **ANNOUNCEMENTS**

#### **OFFERING**

Your financial gifts today support the ongoing ministry of our congregation, cooperative ventures of ELCA congregations throughout Western Washington, and Evangelical Lutheran ministries around the world. We invite you to give generously! You can place your gift in the offering plate, mail in a check, or connect to our secure <u>Tithely Giving Page</u> via this QR CODE. Whatever size, your gift makes difference—thank you for your support!







1 Let us tal - ents and tongues em - ploy, reach-ing out with a shout of joy: 2 Christ is a - ble to make us one, at the ta - ble he sets the tone,

3 Je - sus calls us in, sends us out bear-ing fruit in a world of doubt,



bread is bro-ken, the wine is poured, teach-ing peo-ple to live to bless, gives us love to tell, bread to share: Christ is spo-ken and seen and heard. love in word and in deed ex-press. God (Im-man-u-el) ev-'ry-where!



Je-sus lives a-gain, earth can breathe a-gain, pass the Word a-round: loaves a - bound!

#### **OFFERTORY PRAYER**

- A Let us pray.
- C Blessed are you, Holy One, for all good things come from you. In bread and cup you open yourself to us and open us to one another. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. Amen.

#### THE GREAT THANKSGIVING

- P The Lord be with you.
- C And also with you.
- P Lift up your hearts!
- C We lift them to the Lord!
- P Let us give thanks to the Lord our God.
- C It is right to give our thanks and praise.
- P It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and altender God, through our Savior Jesus Christ. Sharing our life, he lived among us to reveal your glory and love, that our darkness should give way to his own brilliant light.

  And so, with Earth and all her creatures, with the church on Earth and all the host of heaven, we praise your name and join their unending hymn:
- C Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest! Blessed is he who comes in the name of the Lord. Hosanna in the highest!

#### **EUCHARISTIC PRAYER**

- P On the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying:
- C Take and eat, this is my body, given for you. Do this for the remembrance of me.
- P Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
- C This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

### THE LORD'S PRAYER (ecumenical)

- P Gathered into one by the Holy Spirit, we pray as Jesus taught us:
- Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread.

  Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

#### INVITATION TO COMMUNION

- P At Jesus's table, heaven and earth are joined as one. Come and see!
- C Thanks be to God.

#### DISTRIBUTION

We commune processionally. Extend your hands to receive bread. A gluten free wafer is also available. Both wine (dark) and grape juice (light) are available in the ceramic cups. Place your empty cup in the box at the end of the front pew on your way back. Children are welcome to receive when their parents believe they are ready, with the support of the pastor. Any who prefer a blessing may cross their hands over their chest as they come forward.

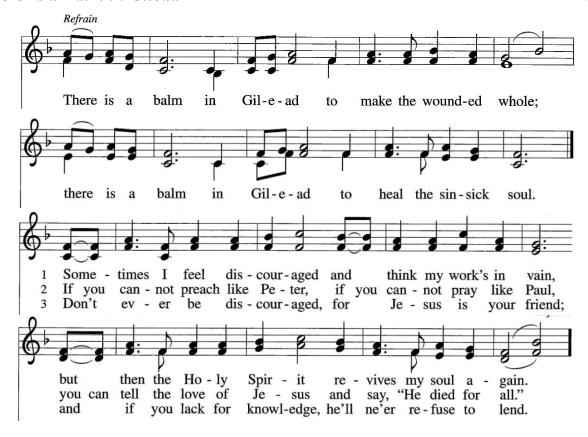
#### **CALL US HOME**



#### **COMMUNION HYMN**

#### There Is a Balm in Gilead

**ELW #614** 



#### POST-COMMUNION PRAYER

- A Let us pray. Giver of every gift, Christ's body is our food, and we are Christ's body. Raise us to life by your power, for the benefit of all and to your glory, now and forever.
- C Amen.

# + SENDING +

#### **BLESSING**

- P God who names you, Christ who claims you, and the Holy Spirit who dwells in you, + bless you now and always.
- C Amen.





#### **DISMISSAL**

A Do justice, love kindness, and walk humbly with your God.

C Thanks be to God.

**POSTLUDE** 

Jesu, Joy of Man's Desiring

J.S. Bach



# **CONTACT INFORMATION**

8316 39th Avenue SW, Seattle, WA 98136

Pastor Erik Kindem's mobile phone number:

Pastor Erik Kindem's email:

Peace Lutheran web page:

Kathleen Keyes Office Admin.

Church Office hours:

Nicole Klinemeier, Youth Director

Jon Lackey, Minister of Music

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## **SERVING IN WORSHIP**

Pastor Rev. Erik Kindem

Minister of Music

Liturgical Assistant

Acolyte

Lector

Chris Kindem

Ben Ward

Vicki Martinez

Children's Sermon

Julie Ward

Greeters Corinne Otakie, Nancy Hauger

Ushers Barbara Hillier, Kristin Gimelli Hemme

Altar Care Will & Ben Ward

Communion Assistants Will Ward, Kathleen Keyes

Coffee Server Jean Sides

Production Techs Alan Jarvimaki, Alex Wren

Counters Jim Lukens, Kristin Gimelli Hemme

Nursery Attendant Heidi Coy

### **OUR FINANCIAL STEWARDSHIP**

### Offering Income received JANUARY 2024

01/07/24 \$ 2,647.00 01/14/24 \$ 2,863.00

01/21/24 did not count this week, counted all on 1/28

01/28/24 \$ 3,673.00 electronic \$10,721.20 **Total** \$19,904.20

Thank you for your gifts which support God's mission at Peace, in the larger community, and internationally through the ELCA

### THIS WEEK'S ACT FOR CREATION

Globally, food waste accounts for an estimated 8-10% of greenhouse gas emissions. About a third of food goes to waste in the U.S., according to the EPA. The USDA reports that the average family of four in the US will lose \$1,500 annually to food waste! So when you shop, pay special attention to dates on meat, fish, dairy, or eggs, searching for ones with a longer shelf life. Also, know that you can safely eat milk and eggs past their dates, so long as they don't smell or look rotten.

**Pray for Creation:** As whale populations are in a losing struggle to thrive, we pray for marine scientists and others who are tireless in their efforts to provide safe habitats for these creatures.

## FIRST SUNDAY FOOD FOR THE WELCOME TABLE

Reminder: This Sunday, February 4, please bring First Sunday food items for The Welcome Table. They are very much appreciated.

## EMERGENCY COMMUNICATION HUB MEETING 2/7 @ 6:30

Please join the members of the Peace Lutheran Church and surrounding neighbors to learn more about the Seattle Emergency Communication Hub at the Peace Lutheran Church. This session will offer an overview of the Hub and help the group reboot after the long COVID disruption. The program will include information about basic emergency preparedness for both individuals and families. By learning more about the Hub and preparedness, you can be in a position help your community after a disaster. Everyone is welcome! **Date and time: Wednesday, February 7, 6:30–8 pm in the Narthex** 

# **BLOOD DRIVE AT PEACE 2/7/24**

Preparing our blood supply for extreme weather is critical for patients. Please book your blood donation appointment today as part of your emergency preparedness plan!

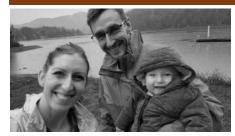
Peace Lutheran Church is hosting a blood drive on Wednesday February 7 in the Fellowship Hall. Please use the QR code and sign up to give blood! Appointments are required. In October, Bloodworks switched to a new appointment portal. If you need help booking your appointment, please e-mail Bloodworks Donor Care Team at schedule@BloodworksNW.org or call 1-800-398-7888. For info about eligibility, recent FDA updates and more, please visit www.BloodworksNW.org



### **OFFERING ENVELOPES FOR 2024**

Offering envelopes for those households who use them are available on the table in the narthex.

## NEW LUTHERWOOD EXECUTIVE DIRECTOR



Rev. Kevin Beebe has accepted the call to be Executive Director of Camp Lutherwood! We look forward to welcoming Pastor Kevin, his spouse, Pastor Kelsey Beebe, and their son Gabriel to the synod! He will be installed in a service at the Camp on Saturday, February 10<sup>th</sup>, and we'd like to bring a couple carloads of Peacefolk up to the Camp for the occasion. If you're interested, please talk to Nicole K.

## **SOUPER BOWL OF CARING 2/11/24**

Bring your nonperishable food items to score against hunger before you cheer on your team to score big in the game.

# **LOOKING AHEAD TO LENT**

The **Season of Lent** comes early this year – commencing with **Ash Wednesday, on February 14**<sup>th</sup>. Once again we will host Wednesday evening Soup/Bread Suppers @ 6pm, followed by a 30 minute service of Evening Prayer. Those Wednesdays are: Feb 21, 28, Mar 6, 13, & 20. Stay tuned!



## PRAYER LIST

Please continue to remember the sick and home-bound of our congregation and others who have sought our prayers: Sick/Recovering: Cay Bell; Jan Burt; Melanie Coulson; Karl Coy; Larry Cruse; Marsha Davis; Joe Flint; Marge Flint; William Gerhardt; Donna Heiland; Verna Hernandez; Maria Iriarte; Mary Jacob; Ken Keyes; Erik Kindem; Dee Levy; Justin Makboul; Evelyn Martinez; Eddie McDaniel; Pete McIntyre; Ken McPherson; Erin McPherson; Steve Metzler; Katrina Moore; Bill Morrell; Penelope Grace; Michelle Pierce; Jill Remsey; Rosemary; Irma Runge; JoAnne Spangler; Pat Spangler; Sean Stephens; Sarah Taylor; Pam Webber; Judy Wiggins; Patti Wunder; Audrey Zemke. Homebound: Jim Baker; Connie Benjamin; Jan Madsen

**PROTOCOL FOR PRAYER LIST** We will keep people on the prayer list for one month unless otherwise specified or unless you contact the Peace office to extend the time.

## RECONCILING IN CHRIST AFFIRMATION OF WELCOME

Christ calls us to reconciliation and wholeness, in a world that can be filled with alienation and



brokenness. In faithfulness to the Gospel and to our Lutheran heritage, we answer Christ's call to be agents of healing and safety, particularly for people who have been marginalized by our society.

As a Christian community, we invite all people to join us as we work to better understand the meaning of grace for our lives. We welcome people of all sexual

orientations and gender identities into the life and mission of our congregation.

### **PERMISSIONS**

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